

# Spring Training Series

# PVA

3rd-6th Graders

PVA FACILITY



## Sundays April 1 - April 29

**Silver Division: Minimal Experience**

--- 3rd - 6th Grade

--- 60 minutes of instruction each week

--- 30 minutes of play each week

--- 48 girls cap

--- Girls can sign up individually or as a team.

(girls wanting to be placed on a team should indicate on the sign up form. )

--- All girls will receive a PVA t-shirt

--- Cost is \$125.00 for 5 weeks of training

--- 4:30 p.m. - 6:00 p.m.

**Gold Division: 2 Years Rec or CYO Experience**

--- 3rd - 6th Grade

--- 50 minutes of instruction each week

--- 40 minutes of play each week

--- 48 girls cap

--- Girls can sign up individually or as a team.

(girls wanting to be placed on a team should indicate on the sign up form. )

--- All girls will receive a PVA t-shirt

--- Cost is \$125.00 for 5 weeks of training

--- 6:00 p.m. - 7:30 p.m.

--- All sessions will be held at PVA Facility

(9650 Dice Lane, Lenexa, KS)

Questions: Contact Christi Lutman at [christi@performancevba.com](mailto:christi@performancevba.com)